

*Essential Ernest Holmes*

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ernest shurtleff holmes january 21 1887 april 7 1960 was an american new thought writer teacher and leader he was the founder of a spiritual movement known as religious science part of the greater new thought movement whose spiritual philosophy is known as the science of mind he was the author of the science of mind and numerous other metaphysical books and the founder of science of mind magazine in continuous publication since 1927 his books remain in print and the principles he taught as science of mind have inspired and influenced many generations of metaphysical students and teachers holmes had previously studied another new thought teaching divine science and was an ordained divine science minister his influence beyond new thought can be seen in the self help movement contents 1 creative mind 1922 2 the science of mind 1926

*a brief account of the science of mind by the man who formulated it ernest holmes has condensed the wisdom of his classic science of mind into this warm yet penetrating statement the science of mind is the study of life and the nature of the laws of thought in a spiritual universe this philosophy believes there is one infinite mind that includes all there is whether it be human intelligence or the invisible presence of god and is built upon the premise that we are living in a spiritual universe whose sole government is one of harmony where the use of right ideas is the enforcement of its law in 1927 a teacher writer and lecturer by the name of ernest holmes defined and established the science of mind philosophy by uncovering a clear and simple method he discovered while researching the wisdom of the ages from many disciplines this newfound practical and spiritual approach to living an abundant life evolved into what is now the science of mind textbook which has been the cornerstone to religious science churches and centers for spiritual living around the world over the course of his life the textbook became a beacon of light to millions of readers and followers but to others the 600 page tom presented itself as an obstacle to beginners simply because of its intimidating size in what turned out to be one of his last books before his death in 1960 holmes published this introduction after its initial release as an article in the science of mind magazine to help individuals easily understand the concepts before taking the first steps of their new spiritual journey*

*in 2016 we asked readers of guide for spiritual living science of mind magazine to imagine what a conversation with ernest holmes might be like for yourself someone you know or someone you admire our hope was to encourage our readers to take a deeper dive into the work of dr holmes dr holmes was a visionary in the new thought movement founder of religious science and author of the science of mind text he also started science of mind magazine which has been in continuous publication since 1927 after we asked dozens of our readers answered and the result is the book you are holding we are grateful for the authenticity and openness of our contributors in sharing stories whether based in fiction or reality readers may learn a tremendous amount about dr holmes and so many other sages and wisdom keepers both familiar and as yet unknown rev dr david s goldberg guide for spiritual living science of mind magazine editor and publisher imagines a conversation with ernest that gives additional context to this work view the video at scienceofmind.com conversations with ernest to learn more about the magazine or the teachings of dr holmes visit scienceofmind.com*

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the inspiration of ernest holmes has reached hundreds of thousands of readers through his classic works many of which are just now becoming available in paperback originally published in the first half of the twentieth century these meditative concise volumes have never previously appeared in paperback whether a newcomer to the philosophy holmes founded or a veteran reader you will find great power and practicality in the words that render holmes one of the most celebrated and beloved mystical teachers of the past hundred years

everything you need to know about how to use one of today s most powerful philosophies we go in search of that which we already possess but are not using so says ernest holmes author of the science of mind and founder of the philosophy of religious science god is not far away but is within ourselves other people and everywhere present why then do we fall prey to unwanted conditions illness financial lack relationship difficulties loneliness and problems of every kind written as a manual for the practical applications of the principles set forth in the science of mind this book takes the original philosophy of change your thinking change your life and explains a clear and definite scientific method of prayer that can help you overcome life s obstacles

this is holmes own commentary on his masterpiece the science of mind as such it may be his most important book besides the textbook these short pieces abound in counsel and guidance in metaphysics spirituality and healing here too is the history of new thought and religious science insights into the mystics pointers on treatment and analysis of our fears and insecurities founder of the worldwide religious science movement formulator of the science of mind philosophy and author of metaphysical bestsellers dr holmes continually sought to simplify his teaching and get people to use it in these pages he speaks directly to you in a one on one tutorial

ernest holmes s rational lucid explanation of why our thoughts have power will instruct readers on how they can change their lives by changing their thinking the wisdom of god is within you and you can use it to improve your life how to change your life presents ideas on life and god essential to contemporary spiritual understanding how science and spirituality have merged and what that means for you step by step instructions on how to use science of mind to improve your experience of life these principles along with techniques for applying them are thoroughly described in this book if readers are ready to positively jumpstart their lives this is the book that can help them do it

early lectures and private lessons from celebrated spiritual teacher ernest holmes illustrating the key concepts behind his influential ideas ernest holmes was a beloved teacher and philosopher with a disarmingly simple message change your thinking and you will change your life there is a creative law in the universe holmes reasoned and it is available to each of us right now through our thought patterns we can quite literally think our way to happiness and contentment love and law is a collection of carefully selected lectures and private lessons that have never before been in print it is a splendid testament to the living philosophy of this remarkable guide and thinker

religious science or science of mind was established by ernest holmes and it is a spiritual philosophical and metaphysical religious movement in general the term science of mind applies to the teachings while the term religious science applies to the organizations however adherents often use the terms interchangeably content creative mind each soul must discover for himself that he stands in the midst of an eternal creative power which presses itself around his own thought and casts back to him glorified all that he thinks creative mind and success is a spirited guide to mental wellness and business success the book provides answers for better comprehending the mind s creative power and explains how positive thinking can improve your life and help achieve prosperity and financial success the science of mind proposes a science with a new relationship between humans and god holmes writing details how people can actively engage their mind in creating change throughout their lives explanations of how to pray and meditate heal oneself spiritually find self confidence and express love led holmes to believe religious science is a philosophy a faith and a way of life

the beloved classic that has awakened generations to the power within one of ernest holmes s cornerstone works this thing called you is an intimate guide through which readers learn the important lesson of how they are an immutable part of the flow of life and how they may fulfill the longing within all of us to live more fully the book details methods of meditation used for healing improving mind and body and reaching one s divine self included are numerous inspirations meditations and prayers that individuals can apply to their lives which reveal the unlimited potential of the spiritual psychology that holmes founded

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